Voice Guiding

Voice Guiding can be safely used in areas where there is level flooring and few obstacles. An individual can follow a voice guide to travel to a destination without physical assistance such as sighted guide.

1. Greet the individual by name, tell him your name and the destination.

2. Encourage the person to use *protective techniques* when walking through open space.

3. Walk facing the individual, intermittently turning forward as you move to ensure that you do not bump yourself or fall. Talk to the individual as he walks toward you, as he will be following your voice as a guide.

4. Maintain the individual’s safety at all times, making sure that bumping into objects or furniture does not occur when walking.

5. Describe to the individual what is to the left and right while walking. Identify any landmarks along the way, as well as any upcoming environmental changes. Explain any sounds and smells along the route.

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**Please also see the following MCB/DDS Partnership handouts:**
- Mobility Canes
- Trailing, Landmarks, Squaring Off, and Protection
- Sighted Guide