

# "Focus"

## Organizing Your Virtual and In-Person Class Time / Weeks 1-5

To help pace yourself through this virtual self-directed training, and to be best prepared for our in-person session, here is a syllabus to outline completion of the course materials. We anticipate 1.5 hours per week to complete the online work.

### Week 1 (due by 5/29/26): Read Materials

- Read through the Training Manual (Trainer Materials)
- Review the Sign-In Sheet, Feedback Form, Training Checklist, and Certificate of Attendance. (Trainer Materials)
- Human Guide Trainer Responsibilities (Trainer Materials and Quiz\*)

### Week 2 (due by 6/5/26): Read Materials, Watch Video, Take Quizzes

- Let's Walk Together Video (Trainer Materials)
- Human Guide Considerations (Resource Handout and Quiz\*)
- Let's Walk Together (Resource Handout and Quiz\*)
- Sensitivity to Vision Loss (Resource Handout and Quiz\*)

### Week 3 (due by 6/12/26): Read Materials, Review Website, Take Quizzes

- Vision and Vision Loss Terminology (Resource Handout and Quiz\*)
- Use of Vision Loss Simulator (Resource Handout)
- Review the "Focus" Website and Flyer (Website, Resource Handout and Quiz\*).
- Review the DDS Collaborative Eye Care Centers webpage (Website and \*Quiz).
- Review the MCB/DDS web page and Brochure of Services for Orientation and Mobility Services (Website, Resource Handout and Quiz\*).

\* Corresponding 3-question quiz.

## Organizing Your Virtual Class Time (continued)

### **Week 4 (due by 6/19/2026\*\*): Read Materials, Watch Videos, Take Quizzes**

- Human Guide Scenario Videos (10 short Videos and Quiz\* for each)
- Complete the Master Quiz

**\*\*Please have all online work (Weeks 1-4) completed by 6/19/2026\*\***

\*Corresponding 3-question quiz.

### **Week 5 Gather In-Person: June 24, 2026 - 9:00am-12:00pm, Bridgewater, MA. Attendance is mandatory at this in-person 3-hour session.**

- You will join with other Trainers and our team of Certified Orientation and Mobility Specialists (COMS).
- Activities will include discussion, sitting, walking, use of a vision loss simulator, and being guided while wearing a blindfold.

**Date:** June 24, 2026

**Time:** 9:00am to noon

**Address for Parking:**

Bridgewater State University  
100 Burrill Avenue  
Bridgewater, MA 02324

**Parking Information:**

Park in the Moakley Parking Lot (denoted as **U** on the linked map) 100 Burrill Ave, Bridgewater, MA 02324

**Meeting Room Location and Directions:**

We'll be meeting in the **Adrian Tinsley Center (Tinsley Center)**

**Room 201** (denoted as **34** on the linked map)

**From parking lot, it is a 5-minute walk to the Tinsley Center:**

- Turn left on sidewalk beside the driveway entrance to the parking lot. Follow along, keeping left and curving to the left. You will soon see the Tinsley Center (very large grey building) on the right.

## Organizing Your Virtual Class Time (continued)

**Meeting Room Location and Additional Directions: (continued)**  
**Adrian Tinsley Center (Tinsley Center), Room 201** (denoted as **34** on the linked map)

- Enter and proceed to either the stairs or elevator which are both directly behind the entrance desk.
- Go to floor 2. Take a right into the hallway. Room 201 is the last room on your left.

**Campus Map:**

[https://www.bridgew.edu/sites/bridgew/files/media/file/Campus\\_Map.pdf](https://www.bridgew.edu/sites/bridgew/files/media/file/Campus_Map.pdf)

