

"Focus"

Organizing Your Virtual and In-Person Class Time / Weeks 1-5

To help pace yourself through this virtual self-directed training, and to be best prepared for our in-person session, here is a syllabus to outline completion of the course materials. We anticipate 1.5 hours per week to complete the online work.

Week 1 (due by 5/31/24): Read Materials

- Read through the Training Manual (Trainer Materials)
- Review the Sign-In Sheet, Feedback Form, Training Checklist, and Certificate of Attendance. (Trainer Materials)

Week 2 (due by 6/7/24): Read Materials, Watch Video, Take Quizzes

- Let's Walk Together Video (Trainer Materials)
- Human Guide Considerations (Resource Handout and Quiz*)
- Let's Walk Together (Resource Handout and Quiz*)

Week 3 (due by 6/14/24): Read Materials, Take Quizzes

- Group Dynamics (Trainer Materials)
- Sensitivity to Vision Loss (Resource Handout and Quiz*)
- Vision and Vision Loss Terminology ((Resource Handout and Quiz*)
- Use of Vision Loss Simulator (Resource Handout)

Week 4 (due by 6/21/2024): Read Materials, Watch Videos, Take Quizzes**

- Focus Website Information (Resource Handout and Quiz*)
- MCB/DDS Brochure of Services (Resource Handout and Quiz*)
- Human Guide Scenario Videos (10 short Videos and Quiz* for each)
- Complete the Master Quiz

****Please have all online work (Weeks 1-4) completed by 6/21/2024****

*Corresponding 3-question quiz.

Week 5 Gather In-Person: June 26th 9:00am-12:00pm, Bridgewater, MA. Attendance is mandatory at this in-person 3-hour session.

Organizing Your Virtual Class Time (continued)

Week 5: (continued)

- You will join with other Trainers and our team of Certified Orientation and Mobility Specialists (COMS).
- Activities will include discussion, sitting, walking, use of a vision loss simulator, and being guided while wearing a blindfold.

Date: June 26th, 2024

Time: 9:00am to noon

Location:

**Bridgewater State University
100 Burrill Avenue
Bridgewater, MA 02324**

Important details / Additional directions:

Campus Map:

https://www.bridgew.edu/sites/bridgew/files/media/file/Campus_Map.pdf

Meeting Room Location:

We'll be meeting in the Executive Dining Room #113 in the East Campus Common Bldg. (which is denoted as #41 on the linked map)

Parking and Parking Address:

Park in the Moakley Parking Lot (which is denoted as U on the linked map)
100 Burrill Ave, Bridgewater, MA 02324

Directions from the Moakley Parking Lot to the East Campus

Commons Bldg.:

With the Moakley lot behind you, cross the street towards Miles Hall and turn left. Walk to Service Road #1.

Turn right onto Service Road #1.

At the first stop sign, on your left, enter the East Campus Commons (building with grey pillars)

Upon entering, the Executive Dining Room #113 will be directly on your right.

