"Focus"

Organizing Your Virtual and In-Person Class Time / Weeks 1-5

To help pace yourself through this virtual self-directed training, and to be best prepared for our in-person session, here is a syllabus to outline completion of the course materials. We anticipate 1.5 hours per week to complete the online work.

Week 1 (due by 3/1/24): Read Materials

- Read through the Training Manual (Trainer Materials)
- Review the Sign-In Sheet, Feedback Form, Training Checklist, and Certificate of Attendance. (Trainer Materials)

Week 2 (due by 3/8/24): Read Materials, Watch Video, Take Quizzes

- Let's Walk Together Video (Trainer Materials)
- Human Guide Considerations (Resource Handout and Quiz*)
- Let's Walk Together (Resource Handout and Quiz*)

Week 3 (due by 3/15/24): Read Materials, Take Quizzes

- Group Dynamics (Trainer Materials)
- Sensitivity to Vision Loss (Resource Handout and Quiz*)
- Vision and Vision Loss Terminology (Resource Handout and Quiz*)
- Use of Vision Loss Simulator (Resource Handout)

Week 4 (due by 3/22/2024**): Read Materials, Watch Videos, Take Quizzes

- Focus Website Information (Resource Handouts and Quiz*)
- MCB/DDS Brochure of Services (Resource Handouts and Quiz*)
- Human Guide Scenario Videos (Choose 3 and take Quizzes.)
- Complete the Master Quiz

Week 5 Gather In-Person: March 27th 9:00am-12:00pm, Westborough, MA. Attendance is mandatory at this in-person 3-hour session.



^{**}Please have all online work (Weeks 1-4) completed by 3/22/2024**

Organizing Your Virtual Class Time (continued)

Week 5: (continued)

- You will join with other Trainers and our team of Certified Orientation and Mobility Specialists (COMS).
- Activities will include discussion, sitting, walking, use of a vision loss simulator, and being guided while wearing a blindfold.

March 27th, 2024 Date: Time: 9:00am to noon

Location:

Massachusetts Association for the Blind and Vision Impaired 18 Lyman St (Westborough Shopping Plaza)

Suite 210

Westborough, MA 01581

Directions once in the Westborough Shopping Plaza:

MABVI entrance can be found at the J&N Professional Building, at 18 Lyman Street and is under the sign for the Art & Frame Emporium, and next to Supercuts. If using Google maps, please search for Supercuts, 18 Lyman St. Westborough for accurate directions.

Directions to Suite 210: Enter the building, go up to the second floor, then find Suite 210 (training room, right side of the hallway).

*Corresponding 3-question guiz.



