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**Orientation and Mobility Summary**

**Name:** Ceasar Y  
**Month/Year:** Dec 2015  
**Location:** Noble and Greenough School  
10 Campus Dr  
Dedham, MA 02026

**SUMMARY COMPLETED BY:** Stephen Jordan M.Ed., COMS  
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**Summary**

Currently Ceasar has been working traveling functional indoor/outdoor routes in conjunction with long cane use.

Within the past year, Ceasar has shown great improvement on visual scanning, human guide fluidity, diagonal cane technique and ability to determine appropriate times to cross the street. His ability to appropriately use his cane while traveling with a human guide has significantly increased, providing more confidence in visual scanning techniques. While utilizing human guide, Ceasar uses a modified diagonal cane technique, both for identification and independence purposes. Ceasar is able to locate street crossings and identify the correct time to cross. When signals are present, he is able to press the button and wait for the appropriate time to cross. During Mobility lessons, Ceasar relies on the guide to inform him of surface changes (incline/decline, concrete-grass, tile-wood, etc...), stairs and drop-offs. While traveling, he is encouraged to scan his environment to locate



specific landmarks. Once Ceasar is aware of certain landmarks he is encouraged to identify them on his own.

Due to his physical complications, such as fatigue, frequent stops are necessary. This instructor will frequently ask how he is feeling and if he needs a break. When Ceasar is feeling fatigued, he may clench tighter during human guide or he may lose his balance. When this occurs, a 5-10-minute rest is advised.

### **2018 Overall Goal**

- Familiarization with Noble and Greenough Campus

### **Plan of action-**

- Continue working on human guide techniques in conjunction with utilizing a long cane.
- Continue working on scanning, tracing and tracking techniques.
- Continue identifying landmarks along functional routes.
- Continue work on simple street crossings and simple lighted crossings.
- Indoor and outdoor Orientation and Mobility lessons will continue at both familiar and unfamiliar environments.

if there are any questions please feel free to contact me.

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