"Focus"

# **APH Featured Products: Fitness**

APH offers several products that will help individuals with visual impairment and other disabilities stay active, keep healthy, and get in shape!

### 30-Love Tennis Kit

This kit comes with 2 full size, lightweight rackets and 6 sound-adapted tennis balls that are safe for indoor use. Players can practice dynamic balance, sound localization, fine and gross motor skills while playing with others or bouncing a sponge-like ball against a wall. The kit comes with a Guidebook full of ideas for adapted play and skill development.

Item Description: 30-Love Tennis Kit

Item #: 1-08110-00 View online at: <a href="https://www.aph.org">https://www.aph.org</a> keyword = tennis

### Walk/Run for Fitness Kit

This kit comes with everything you need to get moving outdoors! Two talking pedometers\* provide the motivation and a guidewire system, adjustable tether, and guidebook provide safety and guidance in setting up a walk/run exercise program.

Item Description: Walk/Run for Fitness Kit

Item #: 1-07520-00 View: <a href="https://www.aph.org">https://www.aph.org</a> keywords = walk/run fitness kit \* Talking Pedometers also available separately: Item # 61-191-014 (2 per pack).

## Rib-It Balls

Easier to throw and catch, the rib-it ball is great for any group. The 18 and 30 inch balls makes it possible for people who are sitting down to more independently pick the ball up off the ground. Foot pump comes with 30 inch! Item Description: Rib-It Ball 14 inch (red with yellow ribs)

Item #: 1-07513-00 Item Description: 30 inch (black with yellow ribs)

Item#: 1-07515-00

View online at: <a href="https://www.aph.org">https://www.aph.org</a> keyword = rib-it

\*\* Please Note: the Mini Rib-It is NOT available with Federal Quota Funds.

Please note: These Web links are being offered only as informational resources. It is not our intention to endorse or recommend the sites.



## Fitness (continued)

## **APH Resources**

 MCB/DDS APH Federal Quota Account Information & Order Form: <a href="https://www.focusonvisionandvisionloss.org/aph-federal-quota-account.html">https://www.focusonvisionandvisionloss.org/aph-federal-quota-account.html</a>

## Questions?

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