

# Caregiver Support Group

**For:** Caregivers of Individuals with Vision Loss

**Presenter:** Courtney Wescott, M.Ed., COMS  
Associate Director of Outreach Programs  
Perkins School for the Blind

**Dates:** March 11, 2025, 10:00am - 11:00am  
- OR -  
March 12, 2025, 4:00pm - 5:00pm

## Unique Journeys: Enhancing Independence for Every Individual

Independence looks different for everyone, but the power of exploration, routine, and trying can lead to transformative growth. This session will focus on empowering individuals with diverse abilities and their caregivers by highlighting the importance of stepping back to allow greater participation in daily life. Through strategies, practical approaches, and acknowledgment of the incredible support caregivers already provide, participants will leave feeling inspired and equipped to further foster independence and enhance the quality of life for those they care for. Join us for an empowering conversation and a reminder of the impactful role you play.

This friendly virtual monthly meeting is a place where caregivers, staff and team members can learn, ask questions and share ideas.

Together we will support each other!!

**“Focus”**

**Host:** Lisa DiBonaventura, MA, COMS

**New Members Welcome! To Join - Please:**

- Complete the **Caregiver Support Group Registration Form** & Send to:  
[Lisa.DiBonaventura@mass.gov](mailto:Lisa.DiBonaventura@mass.gov)

A resource of the MCB/DDS Partnership Project  
[focusonvisionandvisionloss.org](http://focusonvisionandvisionloss.org)  
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